

## ABSTRACT OF THE DISCLOSURE

A holding device with at least one operating mount to which fastening means that are stressed upon traction can be fixed, as well as with a securing unit for the mounting of the holding device in a stationary mount, whereby the securing unit has at least two stopping catches distanced from one another, which stopping catches engage, in the mounted condition, with corresponding edge sections of the mount. the stopping catches are positioned on elastically movable support units which are connected with one another, by way of a transverse support that is dimensionally stable, at least in the mounted condition, and the extension of the mount between the edge sections is smaller than the corresponding dimension of the transverse section.